

Services in Somerset 2018



Dementia Adviser Service

If you're living with dementia, our Dementia Support Workers can give you the information, advice & guidance you need. They can also offer personalised practical & emotional support to people with dementia & their carers

Monday to Friday	9.00am – 5.00pm	T: 01458 251 541 E: somersetDAS@alzheimers.org.uk
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Activity groups

A place for people with dementia & their carers to meet others in a similar situation, in a relaxed social setting. You can spend time sharing information & experiences, or simply have a cup of tea & a chat

Bridgwater Memory Cafe	Fridays fortnightly	10.30am – 12.30am	Victoria Park Community Centre, Victoria Park Drive TA6 7AS
Chard Memory Cafe	Wednesdays Fortnightly	10.30am – 12.30pm	English Martyrs Church Hall, 2 East Street TA20 1EP
Minehead Memory Cafe	Thursdays Alternately	10.30am – 12.30pm	Methodist Hall, Lower Meadow Road Alcombe TA24 6AN
Street Memory Cafe	4th Wednesday of the month	2.00 pm – 4.00pm	Crispin Community Centre, 1 Leigh Road, Street BA16 OHA
Taunton Memory Cafe	Tuesdays Alternately	10.30am – 12.30pm	St James Church Hall, St James Street TA1 1JS
Yeovil Memory Cafe	Tuesdays Fortnightly	10.30am – 12.30pm	Birchfield Community Centre, Birchfield Road BA21 5RL

Singing for the Brain

Singing for the Brain® is a stimulating group activity for people in the early to moderate stages of dementia, & their carers, which can help with general well-being & confidence

Ilminster	Thursdays Fortnightly	10.00am – 12.00pm	Muchelney House, Abbots Close TA19 0EF
Minehead	Thursdays Alternately	10.30am – 12.30pm	Methodist Hall, Lower Meadow Road Alcombe TA24 6AN
Taunton	Tuesdays Alternately	10.30am – 12.30pm	St James Church Hall, St James Street TA1 1JS
Wells	2 nd Monday of the month	2.00 pm – 4.00pm	Seager Hall, Union Street TA5 2PU

**If you would like to attend for the first time
or would like more information, please contact:**

Alzheimer's Society, First Floor Office, Old Kelways, Somerton Road,
Langport, Somerset TA10 9SJ

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