

# Services in Somerset 2019



## Dementia Adviser Service

If you're living with dementia, our Dementia Support Workers can give you the information, advice & guidance you need. They can also offer personalised practical & emotional support to people with dementia & their carers.

<b>Monday to Friday</b>	9.00am – 5.00pm	<b>T:</b> 01458 251 541 <b>E:</b> somersetDAS@alzheimers.org.uk
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## Activity groups

A place for people with dementia & their carers to meet others in a similar situation, in a relaxed social setting. You can spend time sharing information & experiences, or simply have a cup of tea & a chat.

<b>Bridgwater Memory Cafe</b>	Fridays fortnightly	10.30am – 12.30am	Victoria Park Community Centre, Victoria Park Drive TA6 7AS
<b>Chard Memory Cafe</b>	Wednesdays Fortnightly	10.30am – 12.30pm	English Martyrs Church Hall, 2 East Street TA20 1EP
<b>Minehead Memory Cafe</b>	Thursdays Alternately	10.30am – 12.30pm	Methodist Hall, Lower Meadow Road Alcombe TA24 6AN
<b>Street Memory Cafe</b>	4th Wednesday of the month	2.00 pm – 4.00pm	Crispin Community Centre, 1 Leigh Road, Street BA16 OHA
<b>Taunton Memory Cafe</b>	Tuesdays Alternately	10.30am – 12.30pm	St James Church Hall, St James Street TA1 1JS
<b>Yeovil Memory Cafe</b>	Tuesdays Fortnightly	10.30am – 12.30pm	Birchfield Community Centre, Birchfield Road BA21 5RL

## Singing for the Brain

Singing for the Brain® is a stimulating group activity for people in the early to moderate stages of dementia, & their carers, which can help with general well-being & confidence.

<b>Iminster</b>	Thursdays Fortnightly	10.00am – 12.00pm	Muchelney House, Abbots Close  TA19 0EF
<b>Minehead</b>	Thursdays Alternately	10.30am – 12.30pm	Methodist Hall, Lower Meadow Road Alcombe  TA24 6AN
<b>Taunton</b>	Tuesdays Alternately	10.30am – 12.30pm	St James Church Hall, St James Street  TA1 1JS
<b>Wells</b>	2 <sup>nd</sup> Monday of the month	2.00 pm – 4.00pm	Seager Hall, Union Street  TA5 2PU

**If you would like to attend for the first time or would like more information, please contact:**

Alzheimer's Society, First Floor Office, Old Kelways, Somerton Road,  
Langport, Somerset TA10 9SJ

**T: 01458 251 541**

**E: [somerset@alzheimers.org.uk](mailto:somerset@alzheimers.org.uk)**

**[alzheimers.org.uk](http://alzheimers.org.uk)**